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**MP Class A Academy - New Schedule 2025**

**2025 Schedule**

**\*Your Class Schedule Must Be Approved By Master Park**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00 pm - 4:40pm	Bear	Bear & Tiger Class	4:00pm - 4:40pm Beginner & Intermediate Sparring	Bear & Tiger Class	Private Lesson	10:20 AM - 11:00 AM Poomsae/ Self Defense
4:45pm - 5:25pm	Private Lesson	Private Lesson	Private Lesson	Private Lesson	Private Lesson	11:00 - 11:30 AM Strength Agility Class
5:30pm - 6:10pm	Tiger & Lion Class	All Belt Class	5:30pm - 6:30pm All - Members Sparring Sparring Skills Training	All Belt Class	Private Lesson	
6:15pm - 7:00pm	Private Lesson	Tiger & Lion (Group A) Dragon (Group B) Advanced Poomsae	6:30pm - 7:00pm All - Members Competitive Sparring	Tiger & Lion (Group A) Dragon (Group B) Advanced - Self Defense	Private Lesson	
7:00pm - 7:40pm	Private Lesson	Demo - Team Champions Class			Private Lesson	