

## 14677 Via Bettona #120 San Diego, CA 92127 Phone: (858)756-2213

## New 2022 Schedule - http://olympickicks.com

\*Your Class Schedule Must Be Approved By Master Park

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:20 pm -3:50 pm	Little Ninja 3 yr old -4 yr old	Private Class	Little Ninja 3 yr old - 4yr old	Private Class		<b>7:30 AM</b> Adult
4:00 pm -4:40 pm	Bear Class	Bear Class	Bear and Tiger 4pm- 4:50 pm Sparring	Bear Class	4:15 pm -5:15pm Team Training for Competition	<b>9:00 AM</b> Little Ninja
4:45 pm -5:25 pm	Tiger	Bear Class	Tiger & Lion 4:55 pm - 5:45 pm Sparring	Tiger & Lion	5:20 PM Ability-Developmental Class	9:45 AM All Belt Class
5:30 pm 6:10 pm	Leadership Class	Tiger & Lion	Dragon & 10 yr old up Sparring 5:50pm - 6:40pm Sparring	Black Belt Club Weapons Nuncuk & Sword	Private Lesson	
6:15 pm -6:55 pm	Lion	All Belt		All Belt	Private Lesson	
6:55 pm - 7:35 pm	<b>Dragon</b> Black Belt only	Red Dragon		Dragon	Private Lesson	
7:40 pm - 8:30 pm	Adult Class Traditonal Martial Arts	Adult Class Martial Arts & Universal Training		Adult Class Martial Arts & Universal Training		
		Class Detail - Cardio, Boxing, Mixed Martial Arts		Class Detail - Cardio, Boxing, Mixed Martial Arts		